

# Reference Guide for Unemployed or Underemployed Carroll County Residents

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## WHAT GOVERNMENT BENEFITS AM I ENTITLED TO?

Unemployment Compensation: Kentucky Unemployment Services at 402 4<sup>th</sup> Street, Carrollton, (502)732-4602. Their office is open Thursday and Friday 8:30 a.m. to 4:00 p.m. or calls the Florence, Ky., office at 859-371-0808. Their address is 8020 Veteran's Memorial Drive (behind Skate Park and Aquatic Center) which is open Monday through Wednesday from 8:30 a.m. to 4:00 p.m.

Insurance through COBRA: If your employer provided health/hospitalization insurance, you have the right to continue coverage for at least up to 18 months. You are to be notified of your rights within 30 days from layoff. Federal government will now pay a portion of your COBRA premium.

Food Stamps: Apply at Community Based Services, 1720 Highland Avenue, Carrollton, phone number (502) 732-4271 or apply at The Three Rivers Health Center, 401 11<sup>th</sup> Street, Carrollton, (502)732-6641, for WIC food/formula/vitamins for pregnant/new mothers, babies, and/or small children.

Medical Card: Apply at Community Based Services, 1720 Highland Avenue, Carrollton. (502)732-4271. This is available for you, your spouse and/or your children.

Housing Subsidized by Government: Apply at Carrollton Housing Authority, 809 Hawkins Street, Carrollton, (502)732-4330; or Carrollton Village, 208 Village Lane (502)732-4162; or Landmark Apartments, 254 Landmark Court (502)732-4196.

## WHAT WILL THE COMMUNITY HELP WITH?

Food, Rent, and/or Utility Assistance: Northern Kentucky Community Action Agency, 1302 Highland Avenue, Carrollton. (502)732-5253. Open Monday through Friday 8:30 a.m. until 4:00 p.m. Dare to Care Food Bank is at their office the third Friday of every month from 2:00-4:00 p.m. They also provide clothing and small household items, and taxpayer assistance each year for help with filing taxes.

Foreclosure Help to Keep Your Home: Available at the Kentucky Homeownership Protection Center, 1231 Louisville Road, Frankfort, Kentucky. Call 1-800-633-8896 extension #222, or visit their website at [www.protectmyhome.org](http://www.protectmyhome.org)

Medical Help: Community Health Fair, Armory. Held annually, generally in March, this event offers free health screenings and checkups.

Three Rivers Health Department: 401 11<sup>th</sup> Street, Carrollton, (502)732-6641, offers well-child checkups and shots, counseling/testing for diabetes, nutrition, home health, and HIV and TB tests.

North Key Community Care: 1-877-331-3292 for outpatient counseling and psychiatric services for adults and children, and substance abuse help.

**Triad Health Clinic-** 870 U.S. 42W (adjacent to Marina), Warsaw, Kentucky, (859)567-1591, offers free or reduced cost health care for everyone. Monday through Friday from 8 a.m. until 5 p.m., appointment required.

**Alcoholics Anonymous-** Carrollton Christian Church, 310 5<sup>th</sup> Street (back door), Wednesday and Fridays at 2 p.m.; Mondays and Thursdays at 8 p.m.

**Narcotics Anonymous-** Carrollton Christian Church, 310 5<sup>th</sup> Street (back door), Mondays and Thursdays at 6 p.m.

**ACTS-** Faith based alcohol/chemical dependency treatment, Carroll County Courthouse on Tuesdays at 6 p.m.

**TOPS-** Weight loss group, Senior Citizens Center, 110 6<sup>th</sup> Street, Carrollton, meets on Mondays. Weigh-in is from 5:30-6:45 p.m. The meeting begins at 7 p.m. For more information (859)643-0375.

**Faith Community Pharmacy Program-** Northern Kentucky Community Action Agency, 1302 Highland Avenue, Carrollton. Available the second Wednesday of each month from 9 a.m.-11 a.m. for monthly prescriptions.

**St. John's Church,** School Office, 507 5<sup>th</sup> Street, Carrollton (502)732-5776 for **emergency medicine.**

## What Job Training and Education is Available?

Government Employment Services:

**Workforce Development/Employment Services,** 402 4<sup>th</sup> Street, (502)732-4602, on Thursdays and Fridays from 9 a.m.-4:30 p.m.

**GED/College Preparation Classes/Family Literacy-** JCTC Adult Education (732-7102). Classes meet at Carroll County Public Library weekly. (Tuition and book assistance).

**ESL** (English as a Second Language) JCTC Adult Education (732-7102). Classes meet at the Carroll County Public Library weekly.

**Job Skills-** JCTC Adult Education for Job Skills 101 Class.